



LUNCH SYMPOSIUM

Nutrition Care after Hospital Discharge in Singapore: Evidence-Based Best-Practice Recommendations.

27 January 2024, Saturday
12:30 – 16:00 hours

Hilton, Grand Ballroom I & II
Level 6, Orchard Wing

REGISTER NOW

ABOUT THE EVENT

The nutritional status of hospitalised patients is often at risk or compromised and predisposed to further deterioration after discharge, leading to poor clinical outcomes, high healthcare costs, and poor quality of life. A multidisciplinary expert panel under the Sarcopenia Interest Group of Society of Parenteral and Enteral Nutrition Singapore (SingSPEN) have come together to provide evidence-based best-practice recommendations to address this, supported by a national survey of healthcare professionals in Singapore. Their deliberations were recently published in *Nutrients*. At this symposium, the multi-disciplinary expert team will share the recommendations in the paper to seek to improve upon the current nutrition care processes at discharge for healthcare institutions in Singapore.

AGENDA & SPEAKERS

1230 **Registration & Lunch**

1330 **Welcome & Opening Address**



Dr. Andrew Li
Scientific Chair, SingSPEN
Associate Consultant, Division of
Respiratory & Critical Care Medicine,
National University Hospital

1410 **Nutrition Care Practices in Singapore: Report from the 2022 survey**



Ms. Hazel Yeong
Executive Committee Member, SingSPEN
Senior Dietitian
Khoo Teck Puat Hospital

1340 **Nutrition Care after Hospital Discharge: Patient Lost in Translation**



Dr. Doris Ng
President, SingSPEN
Senior Consultant, Gastroenterology,
Tan Tock Seng Hospital

1430 **Nutrition Care after Hospital Discharge in Singapore: Evidence-Based Best-Practice Recommendations**



Clin Assoc Prof Samuel Chew Teong Huang
Executive Committee Member, SingSPEN
Senior Consultant Geriatrician Department of
Geriatric Medicine,
Changi General Hospital

1515 **Questions & Answers**
All

